

PLU	Department
14227	Granola
14235	Granola
14247	Granola
14290	Granola
14240	Granola
14217	Granola
14219	Granola
14245	Granola
14238	Granola
14266	Granola
14215	Granola
14291	Granola
14260	Granola
14216	Granola
13705	Granola
14233	Granola
14292	Granola
18211	Grains
18105	Grains
18210	Grains
18120	Grains
18257	Grains
18225	Grains
14155	Grains
18236	Grains
60011	Grains
14156	Grains
18140	Grains
18162	Grains
18160	Grains
18156	Grains
18150	Grains
18250	Grains
18165	Grains

18155	Grains
16004	Grains
14045	Grains
13417	Grains
18164	Grains
16011	Grains
13648	Grains
14050	Grains
18665	Grains
18375	Grains
18370	Grains
18235	Grains
18611	Grains
18686	Sweeteners
18651	Sweeteners
18652	Sweeteners
16010	Baking
18634	Baking
15880	Baking
16240	Baking
18740	Baking
19184	Baking
17250	Flour
17125	Flour
17330	Flour
17099	Flour
18700	Flour
17170	Flour
17310	Flour
17243	Flour
17150	Flour
17130	Flour
17180	Flour
17135	Flour

17247	Flour
13064	Flour
18345	Rice
18305	Rice
18430	Rice
18410	Rice
18308	Rice
18335	Rice
18310	Rice
18420	Rice
18415	Rice
18321	Rice
18325	Rice
18425	Rice
18418	Rice
18460	Rice
13105	Beans, Lentils
13225	Beans, Lentils
15870	Beans, Lentils
13145	Beans, Lentils
13147	Beans, Lentils
13152	Beans, Lentils
13300	Beans, Lentils
13165	Beans, Lentils
13170	Beans, Lentils
13275	Beans, Lentils
13180	Beans, Lentils
13140	Beans, Lentils
13185	Beans, Lentils
14696	Pasta
14052	Pasta
14674	Pasta
14673	Pasta
14010	Pasta

14698	Pasta
14501	Pasta
15218	Snacks
15224	Snacks
16286	Snacks
13200	Snacks
15213	Snacks
15010	Snacks
13455	Snacks
15212	Snacks
16001	Snacks
15216	Snacks
15209	Snacks
15228	Snacks
13347	Snacks
15340	Snacks
15341	Snacks
15011	Snacks
16158	Snacks
15475	Snacks
15222	Snacks
15230	Snacks
15275	Snacks
15225	Snacks
15235	Snacks
15410	Snacks
13402	Snacks
15464	Snacks
15463	Snacks
15233	Snacks
13398	Repack
15667	Repack
16220	Repack
16290	Repack
16151	Repack

16705	Repack
15605	Repack 9#
15610	Repack 9#
15552	Repack 35 #
1550	Repack 35 #
15620	Repack
15650	Repack
15560	Repack
15655	Repack
15565	Repack
15030	Repack
15016	Repack
17716	Repack
18710	Repack
15675	Liquid Bulk
15820	Liquid Bulk
15680	Liquid Bulk
13615	Nuts & Seeds
13412	Nuts & Seeds
13507	Nuts & Seeds
13622	Nuts & Seeds
13290	Nuts & Seeds
13575	Nuts & Seeds
13664	Nuts & Seeds
14051	Nuts & Seeds
18605	Supplment Cooler
18610	Supplment Cooler
18406	Pet
18402	Pet

13120	Basics-15% Off
13135	Basics-15% Off
13150	Basics-15% Off
16185	Basics-15% Off
17110	Basics-15% Off
17315	Basics-15% Off
18145	Basics-15% Off
18157	Basics-15% Off
18175	Basics-15% Off
18280	Basics-15% Off
18320	Basics-15% Off
18235	Basics-15% Off
14212	Basics-15% Off
14222	Basics-15% Off
14265	Basics-15% Off
13860	Basics-15% Off
14210	Basics-15% Off
14214	Basics-15% Off
15627	Basics-15% Off
13632	Basics-15% Off
13697	Basics-15% Off
13597	Basics-15% Off
18602	Basics-15% Off
18687	Basics-15% Off
18600	Basics-15% Off
16100	Dried Fruit
16217	Dried Fruit
15801	Dried Fruit
18613	Dried Fruit
15313	Dried Fruit
16304	Dried Fruit
16121	Dried Fruit
16150	Dried Fruit
15323	Dried Fruit
13422	Dried Fruit
16140	Dried Fruit

16195	Dried Fruit
16156	Dried Fruit
16265	Dried Fruit
16790	Dried Fruit
16280	Dried Fruit
16190	Dried Fruit
16285	Dried Fruit
16185	Dried Fruit
15450	Dried Fruit
16070	Dried Fruit
14203	Granola
13560	Granola
14202	Granola
14205	Granola
14204	Granola
15794	Nuts
13505	Nuts
13410	Nuts
13610	Nuts
13760	Nuts
13620	Nuts
15570	Nuts
13641	Nuts
13644	Nuts
13598	Nuts
13642	Nuts
13621	Nuts
13635	Nuts
13645	Nuts
13210	Nuts
16170	Nuts
13447	Nuts
13647	Nuts
13688	Nuts
15408	Nuts

13580	Nuts
13810	Nuts
13643	Nuts
13685	Nuts
13692	Nuts
16203	Nuts
13695	Nuts
13690	Nuts
13599	Nuts
15408	Nuts
13684	Nuts
13595	Nuts
13825	Nuts & Seeds
15570	Nut Butter
13459	Snacks
14100	Snacks
13240	Snacks
14101	Snacks
15799	Snacks
14090	Snacks
15795	Snacks
13453	Snacks
13200	Snacks
15355	Snacks
15202	Candy
15204	Candy
15205	Candy
15201	Candy
16864	Dried Fruit
17014	Dried Fruit
17016	Dried Fruit
17690	Dried Fruit
17790	Dried Fruit

17018	Dried Fruit
16157	Dried Fruit
17690	Dried Fruit
14255	Granola
14280	Granola
18609	
13795	Grain
17030	Flour
18662	
17160	Flour
13510	Baking
17804	Nuts
17805	Snacks
17802	Snacks
15012	Snacks
13477	Snacks
13475	snacks
Herbs and Spices	
19097	
19283	
19046	
19000	
19002	
19008	
19091	
19016	
19049	
19024	
19050	
19051	
19052	
19284	
19053	
19032	
19033	
19055	
19030	

19300	
19040	
19113	
19057	
19248	
19058	
19059	
19054	
19056	
19195	
19031	
19086	
19213	
19035	
19036	
19068	
19068	
19066	
19037	
19070	
19072	
18635	
19038	
19080	
19039	
19082	
19042	
19088	
19476	
19044	
19092	
18177	
19045	
19017	
19098	
19019	
19021	

19022	
19106	
19104	
19023	
19114	
19026	
19025	
19147	
19255	
19028	
19488	
19029	
19093	
19001	
19230	
19003	
19128	
19005	
19006	
19132	
19007	
19009	
19138	
19140	
19010	
19229	
19146	
19152	
19173	
19170	
19153	
19158	
19164	
19336	
19174	
19015	
19067	

19061	
19475	
19063	
19064	
19181	
19182	
??	
19065	
19096	
19477	
19637	
19071	
19073	
19074	
19228	
18610	
19020	
19078	
19079	
19212	
19081	
19401	
19402	
19404	
19403	
19405	
19412	
19444	
19406	
19411	
19480	
19413	
19441	
19420	
19399	
19408	
19410	

19481	
19470	
19421	
19145	
19240	
19409	
19083	
19194	
19200	
19215	
19090	
19085	

Product
Granola Blueberry Wild Cnv
Granola Cherry Vanilla Cnv
Granola Country Pumpkin Cnv
Granola Cranberry Orange Cnv
Granola French Van Almond Cnv
Granola Ginger Zing OG
Granola Hemp Plus OG
Granola Honey Gone Nuts Cnv
Granola Maple Pecan Dream Cnv
Granola Pecan Splendor Cnv
Granola Pumpkin Flax Plus OG
Granola Rainforest Cnv
Granola Save The Forest Cnv
Granola Super Nutty Cnv
Granola Vanilla Macaroon Cnv
Mix Muesli 35% Cnv
Mix Muesli Lite Cnv
Grain Amaranth OG
Grain Barley Hulled OG
Grain Barley Pearled OG
Grain Buckwheat Groats Hulled OG
Grain Buckwheat Rosd Kasha OG
Grain Bulgur Wheat OG
Grain Cereal 7-Grain OG
Grain Couscous Israeli Cnv
Farro OG
Grain Grits Yellow OG
Grain Millet OG
Grain Oat Bran Cnv
Grain Oat Bran Fine OG
Grain Oats Groats Whole OG
Grain Oats Quick Rolled OG
Grain Oats Reg Rolled Cnv
Grain Oats Steelcut Oat Groats OG

Grain Oats Thick Rolled Cnv
Grain Popcorn White OG
Grain Quinoa Tricolor OG
Grain Red Quinoa OG
Grain Red Wheat Bran OG
Grain Spelt Berries Hulled OG
Grains Rye OG
Grains Rye Flakes OG
Grain Textured Veg Protein Cnv
Grain Wheat Hard Red Berries OG
Grain Wheat Soft Berries OG
Grains Couscous French Wheat OG
Grains Seeds Flax Golden OG
Sweetener Sucanat OG
Sweetener Sugar Raw OG
Sweetener Turbinado Sugar Cnv
Baking Choc Chips CaCao OG
Baking Choc Chips Dark OG
Baking Choc Chips Semi-Sweet Cnv
Baking Coconut Med Unsweetened
Baking Nutritional Yeast Cnv
Baking Salt Refined White conv
Flour All Purpose Flour OG
Flour Bread Hi-Gluten White OG
Flour Brown Rice OG
Flour All Purpose Baking GF Cnv
Flour Pancake Multigrain OG
Flour Pastry Flour WW OG
Flour Semolina Course OG
Flour Rye Whole Wheat OG
Flour Stone Grnd Whole Wheat OG
Flour Wheat w/ Germ OG
Flour White Pastry w/Germ OG
Flour White Spelt OG

Flour Whole Grain Spelt OG
Flour Vital Wheat Gluten Flour Cnv
Grain Rice Arborio OG
Grain Rice Basmati Brown OG
Grain Rice Basmati White Cnv
Grain Rice Basmati White OG
Grain Rice Brown Basmati Cnv
Grain Rice Brown Sweet OG
Grain Rice Forbidden Cnv
Grain Rice Golden Rose Med OG
Grain Rice Jasmine White OG
Grain Rice Long Grain Brown Cnv
Grain Rice Short Grain Brown OG
Grain Rice Short Grain Brown Cnv
Grain Rice Sushi White OG
Grain Rice Wild Blend OG
Beans Adzuki OG
Beans Blackeyed Peas OG
Beans Cannellini OG
Beans Kidney OG
Beans Lentils French OG
Beans Lentils Red OG
Beans Lima Baby OG
Beans Navy OG
Beans Pinto OG
Beans Red Small OG
Beans Soybeans OG
Beans Split Peas Green OG
Beans Split Peas Yellow OG
Pasta Farfalle OG
Pasta Orzo 3 Color OG
Pasta Penne Whole Wheat
Pasta Spaghetti Whole Wheat OG
Pasta Spinach Fettuccine OG

Pasta Spaghetti Semolina OG
Pasta Spirals Brown Rice OG
Snacks Almonds Carob Cnv
Snacks Almonds Dark Chocolate Cnv
Snacks Banana Chips sweetened Cnv
Snacks Beans Espresso Chocolate Cnv
Snacks Chocolate Ginger Cnv
Snacks Cookies Animal Cnv
Snacks Cranberries Choc Covered Cnv
Snacks Energy Bar Carob Spirulina Cnv
Snacks Energy Bar Cocoa&Goji Cnv
Snacks Energy Bar Honey Vanilla Cnv
Snacks Energy Bar Mixed Berry Cnv
Snacks Ginger Crystallized Cnv
Snacks Hummus Dip Mix Cnv
Snacks Milk Chocolate Malt Balls Cnv
Snacks Mix Choc Nut Crunc Cnv
Snacks Mix Energy Power Cnv
Snacks Mix Oriental Rice Cnv
Snacks Mix Zen Party Cnv
Snacks Pretzels Peanut Butter Cnv
Snacks Pretzels Raspberry Cnv
Snacks Pretzels Yogurt Cnv
Snacks Sticks Sesame Salted Cnv
Snacks Sundrops Milk Chocolate Cnv
Snacks Trail Mix Coconut Deluxe Cnv
Snacks Trail Mix Cranberry Jubilee OG
Snacks Trail Mix Deluxe OG
Snacks Trail Mix Hit Trail Cnv
Snacks Wasabi Peas Cnv
Candy OG Jolly Beans
Dates OG Medjool
Dried Fruit Apricots Conv
Dried Fruit Cherries Tart OG
Dried Fruit Cranberries Conv

Grain Popcorn Multi Color OG
Nut Butter Almond Crunchy Conv
Nut Butter Almond Smooth Conv
Nut Butter Almond Smooth Conv
Nut Butter Almond Crunchy Conv
Nut Butter Cashew Butter Conv
Nut Butter Peanut Crunchy Conv
Nut Butter Peanut Crunchy OG
Nut Butter Peanut Smooth Conv
Nut Butter Peanut Smooth OG
Nuts Peanuts R S Jumbo
Nuts Pistachios R S Cal
Snacks Agave Gummy Bears
Snacks Yogurt Peanut Clusters
Liquid Tahini Cnv
Liquid Oil Olive Unrefined Cnv
Liquid Tamari Wheat Free OG
Nuts Almonds Sliced Cnv
Nuts Almonds Tamari Cnv
Nuts Almonds Whole Raw NPS
Nuts Cashew Garlic & Herb
Nuts Maple Roasted
Nuts Med Pecans Cnv
Nuts Peanuts Dry Rost'd NS OG
Nuts Soynuts OG
Baking Yeast Active Dry Cnv
Supplements, Bee Pollen
Cat Food
Dog Food

Beans Black OG
Beans Garbanzo OG
Beans Lentils Green OG
Dried Fruit Raisins Thompson OG
Flour Bread Special OG
Grain Cornmeal Yellow OG
Grain Oats Rolled Regular OG
Grain Oats Thick Rolled OG
Grain Popcorn Yellow OG
Grain Quinoa White OG
Grain Rice Brown Long Grain OG
Grains Couscous French Wheat OG
Granola Apple Cinnamon Cnv
Granola Coconut Almond Cnv
Granola Maple Almond Cnv
Granola Raisin Almond Cnv
Granola Straw Raspberry Cnv
Granola Gingersnap Cnv
Liquid Sweetener Honey Clover Raw Cnv
Nuts Cashew Pcs Conv
Nuts Raw Walnuts Hlvs Pcs Conv
Nuts Sunflowers Shelled OG
Seeds Flax Brown OG
Sweetener Sugar Evap Cane OG
Tofu Bulk OG
Dried Fruit Apple Rings OG
Dried Fruit Apricots Unsul OG
Dried Fruit Banana Coins
Dried Fruit Berries Goji OG
Dried Fruit Bing Cherries OG
Dried Fruit Blue OG
Dried Fruits Conut Date Rolls OG
Dried Fruit Cran OG
Dried Fruit Mullberries OG
Dried Fruit Currants OG
Dried Fruit Figs Black Mission OG

Dried Fruit Figs Turkish White OG
Dried Fruit Mango OG
Dried Fruit PapayaOG
Dried Fruit PapayaOG
Dried Fruit Prunes Pitted OG
Dried Fruit Raisins FI OG
Dried Fruit Raisins Gold OG
Dried Fruit Raisins Thomson OG
Dried Fruit Raw Cali Mix OG
Dried Fruit Tom Dried OG
Granola Cherry Almond OG
Granola Banana Walnut OG
Granola Hunza Goji OG
Granola Pistac Mulberry OG
Granola Triple Berry OG
Nuts Almonds Maple Glazed
Nuts Almo Raw SicilianOG
Nuts Almo Tamari OG
Nuts Almo Unsalted OG
Nuts Almo Salted OG
Nuts Brazil OG
Nuts Butter Maple Cash OG
Nuts Cashews CajunOG
Nuts Cashews Curry OG
Nuts Cashews GMasala OG
Nuts Cashews Raw OG
Nuts Cashews Salted OG
Nuts Cashews UnS OG
Nuts Hazelnuts (filberts) OG
Nuts Macadamia Raw OG
Nuts Mixed MapleOG
Nuts Mixed Raw OG
Nuts Mixed Salted OG
Nuts Mixed Unsalted OG
Nuts Mixed Tamari OG

Nuts Pecans Raw OG
Nuts Pepitas Raw OG
Nuts Pepitas Salted OG
Nuts Pinenuts OG
Nuts Pista R/S in Shell OG
Nuts Pista Raw in Shell OG
Nuts Pista Meats OG
Nuts Pista Meats R/S OG
Nuts Sunflower Salted OG
Nuts Tamari Mixed OG
Nuts Walnuts Maple Cinn OG
Nuts Walnuts Raw OG
Seeds Sesame Og
Butter Maple Cashew OG
Snacks Alm Cocoa Dusted OG
Snacks Coconut Choc Covered OG
Snacks Cacao Nibs Raw OG
Snacks Cacao Nibs Choc Covered OG
Snacks Choc Covered Cranberries OG
Snacks Raisins Choc Covered OG
Snacks Seeds Pumpkin Spicy
Snacks Raw Tierra Mix OG
Snacks Espresso Beans Choc Cov OG
Snacks Very Berry Mix OG
Candy Carob Alm Rice Cakes Cnv
Candy Carob Cashew Sq Cnv
Candy Carob Pnut Sq Original Cnv
Candy Carob Rice Cakes Cnv
Dried Fruit Apple Berry
Dried Fruit Apple Diced
Dried Fruit Cherries Balaton
Dried fruit Cherries Sweetened
Dried Fruit Cherry Berry Mix

Dried Fruit Dark Choc Balaton
Dried Fruit Mix Org
Dried Fruit Montmorceney Cherries
Granola Pecan Current
Granola Three Flowers
Wheat Germ Bulk Cnv
Grain Polenta Yellow OG
Flour OG Whole Wheat
Baking Celtic Sea Salt Cnv
Flour W Wheat OG
Cacao Powder OG
Nuts Jungle Peanuts OG
Snacks Coconut Chips OG
Trail Mix Superfood OG
Snacks Chia Bulk OG
Trail Mix Mango Goji Fire LI
Trail Mix Thai Chili Pine LI
"O" Capsules
Adobo Seasoning OG
Agar Agar Powder
Allspice Ground Jama
Allspice Whole Og
Anise Seed Whole
Baking Cream Of Tart
Baking Powder Alumin
Baking Soda Powder
Bay Leaf Whole Cert.
Beef Flavored Broth
Beet Powder Organic
Burdock Root C/S Org
Cacao Nibs OG
Cajun Seasoning Blen
Cardamom Seed Decort
Cardomon Pod Whole G
Carob Powder Light Og
Caraway Seed Whole

Catnip Leaf/Flower Og C/S
Cayenne 90 000hu
Cayenne Med 35000 Btu
Celery Seed Whole Og
Chamomile Flw German
Chicken Flav.Broth P
Chicory Root Roast G
Chili Peppers Crushe
Chili Powder Blend O
Chinese5spcpwdr Org
Chipotle Chiles Whol
Chipotle Chili Powder
Chives
Cider Mate
Cilantro Leaf C/S Or
Cinnamon Ground 3% O
Cinnamon Powder Ceylon
Cinnamon Sticks Og
Citric Acid
Cloves Powder Cert.
Cloves Whole Cert. O
Cocoa Powder Dutch
Comfrey Root C/S Org
Coriander Seed Groun
Cornstarch Cert. Org
Cumin Seed Ground Or
Cumin Seed Whole Cer
Curry Powder Organic
Dandelion Root Og
Dill Seed Whole Cet.
Dill Weed C/S Organi
Dried Veg Whole Anch
Dulse Leaf Flakes Or
Echinacea Purpurea Og
Fennel Seed Powder Org
Fennel Seed Whole Or
Fenugreek Seed Whole

Garam Masala Cert. O
Garlic Granules Orga
Garlic Powder Organi
Garlic Salt. Cert.
Ginger Root Ground O
Goldenseal Root Pwd
Gumbo File Powder
Herbs Hibiscus Flowers Og
Herbs de Provence
Italian Seasoning Bl
Juniper Berries OG
Kelp Powder Organic
Lavender Og
Lemon Pepper Blend C
Lemongrass C/S
Licorice Root C/S Ce
Marjoram Leaf C/S Im
Milk Thistle Seed Wh
Mustard Seed Brown W
Mustard Seed Yellow Ground Org
Mustard Seed Yellow Whole Org
Nettle Leaf C/S Orga
Nutmeg Ground Cert.
Nutmeg Whole Cert. O
Onion Flakes White C
Onion Granulated Org
Onion White Powder C
Oregano Leaf C/S Org
Paprika Ground Org
Paprika Spanish
Parsley Leaf Flakes
Pepper Black Medium
Peppercorns Black Wh
Peppermint Leaf C/S
Poppy Seed Whole Org
Poultry Seasoning Po
Psyllium Seed Husk P

Red Chili Flakes A
Red Clover Blossoms
Red Raspberry Leaf Og
Rosehips Organic
Rosemary Leaf Whole
Sage Leaf Rubbed Cer
Sage Powder
Saw Palmetto Berries
Seeds Coriander Whol
Senna Leaf Whole
Sesame Seed Black OG
Slippery Elm Inner B
Spearmint Leaf C/S C
Spirulina Powder Og
Star Anise Org
Supplement Bee Pollen
Sweet Basil Leaf OG
Taco Seasoning Blend
Tapioca Granules
Tapioca Pearls Org
Tarragon Leaf
Tea Assam Flowering Og
Tea Ceylon Orange Pekoe
Tea Chai Green Loose Og
Tea Chai Loose Black Og
Tea Darjeeling Loose Og
Tea Earl Grey Cnv
Tea Earl Grey Organic
Tea English Breakfas
Tea English Breakfas OG
Tea Genmaicha Matcha OG
Tea Gunpowder Green
Tea Gunpowder Green Ft Og
Tea Honeybush OG
Tea Indian White Og
Tea Irish Breakfast Loose Og
Tea Jasmine Og Loose

Tea Kukicha Twig OG
Tea Mango Green Co2
Tea Roobios OG
Tea Se Chung Special Oolong
Tea Sencha Leaf OG
Tea Yerba Mate Leaf Cert. Og
Thai Seasonong
Thyme Leaf C/S Cert.
Turmeric Root Ground
Valerian Root Og
Vegetable Broth Low Salt
Vegetable Soup Blend